

# YOUTH BASKETBALL OF CLAREMORE

## WWW.YBOC.ORG

Youth Basketball of Claremore is for boys and girls in the 1st - 12th grades attending the following school districts: Claremore Public, Claremore Christian, Legacy, Sequoyah, Foyil, Chelsea, Pryor, Adair, Inola, Justus-Tiawah.

YBOC participates in the REC and SELECT Divisions of the Indian Nations Basketball Conference, which has over 20 clubs and over 300 teams. YBOC teams play mostly on Saturdays and travel to competing INBC clubs for away games. There are 9 scheduled season games. Immediately following the season, INBC offers two tournaments: Play-offs (for the top 2 in each conference) and Post-Season (for any INBC team).

Full basketball rules apply (with some exceptions, depending on grade). There are 4 - eight minute quarters with a 5 minute half time. A full court press is allowed (with some limitations depending on grade). INBC does not limit offensive or defensive plays.

Teams are based on grade and gender. Players may play up one grade level. Teams are not co-ed. All players must provide a valid copy of a sports physical and birth certificate to YBOC before players are allowed to practice.

**REC** - Teams are formed by an official INBC draft.

REC Registration fee: \$75 per player (+uniform). Coach is responsible for team name and ordering uniforms. Minimum roster size 6, Maximum roster size 10. REC teams follow player participation rules which require a minimum of one full uninterrupted quarter plus additional playtime. Practice is limited to 3 hours of practice per week, typically scheduled in 2 nights per week. 6th—12th grade school ball players are not eligible for REC league but can participate in the SELECT league.

**SELECT**- Teams consist of players who are hand chosen or recruited by the coach. There is no draft and players are not limited to YBOC school district boundary rules. SELECT Registration Fee: \$750 per team. The fee is to be divided equally amongst all players. Coach is responsible for collecting payment, team name and ordering uniforms.

Game admission: \$4 for adults, \$1 for students.  
Full concession available.

For a less competitive, less traveling, and lower cost basketball option for your 1st/2nd grade child, consider Claremore Optimist.  
<http://www.claremoreoptimist.org/bball.htm>

### Contacts

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### Important Dates

Visit [www.ybo.org](http://www.ybo.org) for a complete list of dates.

**September 15– November 1**

Registration is open online only at  
[www.ybo.org](http://www.ybo.org)

**Mon, October 15, 6-8pm**

**Mon, October 29, 6-8pm**

**Thurs, November 1, 6-8pm**

Onsite Payment and Physical Collection  
111 N. Missouri Ave, Claremore

**Sat, November 3**

REC combine if needed (TBA)

**Mon, November 5**

Team Formation and Draft  
(YBOC staff and coaches only)

**Thurs, November 8**

YBOC REC Practice Begins

**Sat, December 1 - TBA**

Mandatory INFC Coaches Meeting for all coaches- new or returning.

Plan to meet with YBOC staff immediately following the INBC meeting.

**Sat, December 8**

Regular season games begin.

**December 19-January 3**

No games or practices—  
Games may resume January 5

**Sat, February 16\***

Last regular season game

**Tues, February 19– Fri, March 1\***

Playoffs and Post Season Tournament

**Sat, March 2\***

Playoff/Post Season Championship Game

\*Dates are subject to change in the event of inclement weather causing schedule changes.